## **Efficient Parenting in Times of Permacrisis**

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## Abstract

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In an era marked by perpetual crisis (permacrisis), the project "Efficient Parenting in Times of Permacrisis" addresses the critical need to enhance parental resilience and adaptability. This initiative aims to empower parents, fostering their active engagement in community-driven, democratic actions. Central to this effort is the development of a comprehensive training program delivered through an innovative e-learning platform. This platform, designed to be attractive and user-friendly, equips adult educators with enhanced tools and content to support parents effectively.

The project comprises four interlinked work packages: management activities, curriculum development for parents (with four distinct modules), creation and operation of the elearning platform, and extensive dissemination and networking efforts. Regular validation and impact assessments ensure alignment with project goals and sustained relevance for target audiences across local and European contexts.

Key outputs include comprehensive management reports, a structured training curriculum, Open Educational Resources (OERs), a robust training of trainers' program, and a fully operational e-learning platform enriched with diverse training materials. The project's dissemination strategy encompasses a dedicated website, social media engagement, and promotional events to maximize outreach and engagement.

Through collaborative efforts and strategic partnerships, this project not only enhances parental capabilities amidst crisis but also strengthens community resilience through informed and empowered parenting practices.